

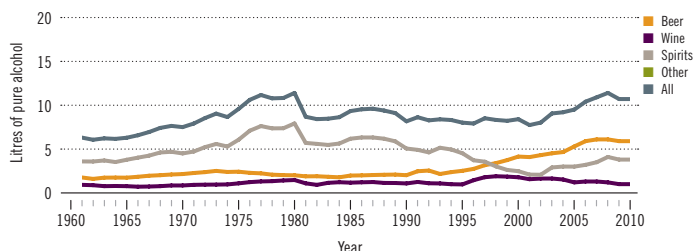
Poland

Total population: 38 199 000 ➤ Population aged 15 years and older (15+): 85% ➤ Population in urban areas: 61% ➤ Income group (World Bank): High income

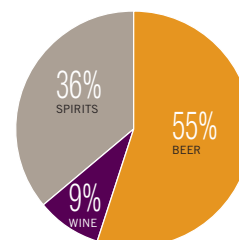
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	9.3	10.9	↗
Unrecorded	3.7	1.6	↘
Total	13.0	12.5	↔
Total males / females		19.8 / 5.8	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	31.5
Females (15+)	14.0
Both sexes (15+)	24.2

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	10.1	16.0
Females (15+)	0.9	2.1
Both sexes (15+)	5.3	10.2

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	15.8	37.8	27.3
Former drinkers* (15+)	21.2	20.7	21.0
Abstainers (15+), past 12 months	37.1	58.5	48.3

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	28.8	10.4	76.5	59.0
Liver cirrhosis, males / females	28.8	10.4	76.5	59.0
Road traffic accidents, males / females	22.5	4.9	25.8	7.1

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	14.5	7.7
Females	2.6	1.4
Both sexes	8.3	4.4
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (1996/2011) / Yes
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages:	
Hours, days / places, density	No, No / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / Yes / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.02 / 0.02 / 0.02
Legally binding regulations on alcohol advertising / product placement	Yes / Yes
Legally binding regulations on alcohol sponsorship / sales promotion	Yes / Yes
Legally required health warning labels on alcohol advertisements / containers	Yes / No
National government support for community action	Yes
National monitoring system(s)	Yes